

# Team Modeshift Events Calendar

## November 2024



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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	<p>Get your organisation, school and workplace talking about stress and wellbeing, take a walk or cycle with a friend or colleague and ask them about their day</p>		<p>UK Disability History Month</p>	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	



### What's coming up: December

- ★ 1-20 December - Modeshift Active Travel Days of December Calendar
- ★ 4 December Elf Day Alzheimer's Society
- ★ 12 December Christmas Jumper Day