

**Monday
2 December**

**Ways to travel
green and actively**

Share your pledge
for a winter walk,
wheel or ride.

Tuesday 3 December

Winter Cyclists

Share a #CycleSelfie
– either on your
journey or any
other place
that you ride.



Wednesday 4 December

**Elves a scooting
It's Elf Day!**

Will you be wearing
elf ears, elf hat, elf
shoes or full on elf
as you stride,
ride or glide?



**Thursday
5 December**

Wheelers Rolling

Show us your best moves
wheelin' n' walkin'
rockin' n' rollin' as
you travel along
singing our song.

Friday 6 December

Cycle Bells!

It's time to chime that
cycle bell, ding your
scooter bell or even tickle
the bell on your hat so you
jingle all the way!



Monday 9 December

Strollers Striding

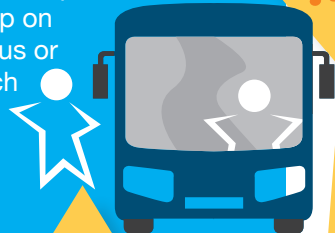
Add some trimming to
your trainers, some wow
to your wellies or some
sparkle to your wheels.



Tuesday 10 December

Bus Stop Hoppers

Put a spring in your
step with a hop,
skip, jump on
and off bus or
hopscotch
along.



**Wednesday
11 December**

Snowmen Sledging

Are there enough
snowflakes to make a
snowman or any frosty,
wintery decorations to
see on your journey?

Thursday 12 December

Trains a Rollin'

Jump aboard! Join the
walking bus or the cycle
train, you could even do the
locomotion in your
Christmas jumper.



Friday 13 December

Skiers Swishing

Travel with style – show
us your best strut, swish,
swoosh and sashay!



Monday 16 December

**Reindeer
Prancing**

Walk, waltz,
dance, spin and
twirl your way on
your journey today.
You could
even wear reindeer
antlers too!



**Tuesday
17 December**

Santa Dashing

Let us know if you
have spotted
Mr & Mrs Claus on
your journey.



**Wednesday 18
December**

Carol Chorus

Join in with our Active
Travel Days of December
song and post your
performance for
others to see!



Thursday 19 December

That Festive Feeling

How many trees
and houses can
see lit up in
lights?



**Friday 20
December**

Celebrate in style

Share a photo montage
of your Modeshift
Active Travel December
journey with us




**Modeshift Active
Travel December**

Share how you make your journey with us

@TeamModeshift

Team Modeshift

#ModeshiftActiveTravelDecember



On the first day in December Modeshift gave to me
ideas for travelling green and actively.

On the second day in December Modeshift gave to me
two winter cyclists,
as a way to travel green and actively.

On the third day in December Modeshift gave to me
three elves a scooting,
two winter cyclists, as a way to travel green and actively.

On the fourth day in December Modeshift gave to me
four wheelers rolling,
three elves a scooting, two winter cyclists
as a way to travel green and actively.

On the fifth day in December Modeshift gave to me
five cycle bells,
four wheelers rolling, three elves a scooting, two winter cyclists,
as a way to travel green and actively.

On the sixth day in December Modeshift gave to me
six striders strolling,
five cycle bells,
four wheelers rolling, three elves a scooting, two winter cyclists,
as a way to travel green and actively.

On the seventh day in December Modeshift gave to me
seven bus stop hoppers,
six striders strolling,
five cycle bells,
four wheelers rolling, three elves a scooting, two winter cyclists,
as a way to travel green and actively.

On the eighth day in December Modeshift gave to me
eight snowmen sledgers,
seven bus stop hoppers, six striders strolling,
five cycle bells,
four wheelers rolling, three elves a scooting, two winter cyclists,
as a way to travel green and actively.

On the ninth day in December Modeshift gave to me
nine trains a rollin',
eight snowmen sledgers,
seven bus stop hoppers, six striders strolling,
five cycle bells,
four wheelers rolling, three elves a scooting, two winter cyclists,
as a way to travel green and actively.

On the tenth day in December Modeshift gave to me
ten skiers swishing,
nine trains a rollin', eight snowmen sledging,
seven bus stop hoppers, six striders strolling,
five cycle bells,
four wheelers rolling, three elves a scooting, two winter cyclists,
as a way to travel green and actively.




On the eleventh day in December Modeshift
gave to me eleven reindeer prancing,
ten skiers swishing,
nine trains a rollin',
eight snowmen sledging,
seven bus stop hoppers,
six striders strolling,
five cycle bells,
four wheelers rolling, three elves a scooting, two winter cyclists,
as a way to travel green and actively.

On the twelfth day in December Modeshift
gave to me twelve Santa's dashing,
eleven reindeer prancing,
ten skiers swishing,
nine trains a rollin',
eight snowmen sledging,
seven bus stop hoppers,
six striders strolling,
five cycle bells,
four wheelers rolling,
three elves a scooting,
two winter cyclists,
as a way to travel green and actively!



Team
Modeshift's
Active Travel
Days of
December



 @TeamModeshift
  Team Modeshift



**TEAM
MODESHIFT**