


# Team Modeshift Events Calendar

## November 2022



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
 <p>Get your organisation, school and workplace talking about stress and wellbeing, take a walk or cycle with a friend or colleague and ask them about their day).</p>		2	3 Modeshift Annual Convention 2022	4	5	6
7 International Stress Awareness Week	8	9	10	11	12	13
14 National Antibullying Week Brake Road Safety Week	15	16	17	18	19	20
<p>This week kicks off with odd socks day, wear your odd socks to school or the office and remember to share your photos with us!</p>	22	23	24	25	26	27
<p>This years theme is SAFE ROADS FOR ALL, find out how you can get involved and raise awareness on your commute regardless if you are walking, cycling, scooting or driving</p>	29	30	<p>Disability History Month from 16th November to 16th December</p>			

## What's coming up: December

- ★ Modeshift Christmas Advert
- ★ 2nd December Elf Day – Alzheimers Society
- ★ 3rd December International Day of Persons with Disabilities
- ★ 8th December Christmas Jumper Day
- ★ 16th November to 16th December Disability History Month

